

October 2020

## Exercise Toolkit for Diversity and Internationalization

In the framework of the Erasmus+ **SOLVINC** project (Solving intercultural conflicts with international students) (2018-2020), we developed an Exercise Toolkit, which offers exercises in six modules on diversity and internationalization that may be used in diversity trainings and for preparing international students when they go abroad or come back to their home university after an academic stay abroad. All **27 exercises** (reflective tools, action tools, and research tools) contribute to strengthening intercultural skills of students. The Exercise Toolkit serves as a flexible pool of exercises which can be used for different student groups and be adapted to different group needs. This Exercise Toolkit targets at teachers, trainers, and members of staff in higher education, who teach intercultural education or prepare international students to go abroad on the one hand (pre-/post departure programmes). On the other hand, these exercises can be used in diversity trainings with students in higher education in a universal way.



## Download the Exercise Toolkit

To download the Exercise Toolkit in English, please visit:

[https://www.researchgate.net/publication/344401002\\_Exercise\\_Toolkit\\_for\\_Diversity\\_and\\_Internationalisation\\_in\\_Higher\\_Education](https://www.researchgate.net/publication/344401002_Exercise_Toolkit_for_Diversity_and_Internationalisation_in_Higher_Education)

The Exercise Toolkit is available in English, German, French, Portuguese, and Polish.

To download the language versions, please visit: <http://solvinc.eu/results/>

## Placing cultural adaptation processes of international students at the heart of our project

The **SOLVINC** project aimed to place international students and their cultural adaptation processes when completing a stay abroad at the centre of research and project activities. With the Exercise Toolkit teachers are equipped with material to facilitate the development of intercultural skills both among international students and local students in higher education, thereby contributing to the promotion of internationalization and diversity in higher education.



## Visit the SOLVINC Online Toolkit

To learn more about the intercultural conflicts with international students, please visit: [www.learningfromcultureshocks.eu](http://www.learningfromcultureshocks.eu)

## Contact us

The SOLVINC partnership consists of four large universities in Łódź (Poland), Mainz (Germany), Porto (Portugal) and Vienna (Austria), and élan interculturel (France). Contact the coordinator Marta Chmielewska-Anielak [manielak@san.edu.pl](mailto:manielak@san.edu.pl) or direct your questions about the Exercise Toolkit to Katharina Resch [katharina.resch@univie.ac.at](mailto:katharina.resch@univie.ac.at)